

**2013  
Catalog**

# **SO**Secure

*Containment Swim Brief*

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# *Introduction*

Finally...

An effective and discreet swimming undergarment for adults, youth and children.

The SOSecure™ Containment Swim Brief by Discovery Trekking Outfitters provides superior protection. Incontinence is a common condition. Don't let it keep you out of the pool... enjoy life to the fullest!

Discovery Trekking Outfitters is committed to making a difference in the lives of those who require special products. The SOSecure™ Containment Swim Brief (also known as a swim diaper or swim nappy) is an innovative design that is practical, durable, and comfortable.

This unique garment is recommended by Occupational Therapists, Physiotherapists and caregivers all over the world. If you have any special requirements for sizing, please contact us. Our helpful staff is happy to assist you.

## *SOSecure™ Swim Brief Overview*

The SOSecure™ Containment Swim Brief is designed for adults, teens and children dealing with incontinence.

The garment is designed to be worn next-to-skin under a swim suit. It is intended for bowel containment, however it will contain a certain amount against urinary leakage. It's difficult to determine just how long because each person has different needs. If you are uncertain as to how this will work for you, please try it at home first. It is important to purchase the right size, and keep it snug as possible using the adjustable closures.

Although it was designed for swimming, many customers tell us it also makes a great cover for disposable or cloth diapers.

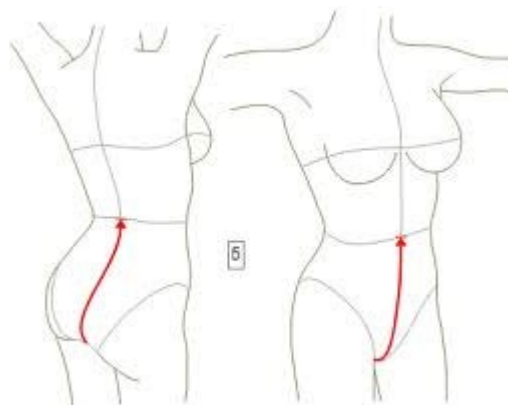
### **Features Include**

- High tech stretch fabric with soft fleece lining for comfort.
- Elastic waist & legs for added security
- Velcro closures which offer fully adjustable sizing opens up flat, for ease in dressing
- Washable
- Long lasting

# How To Measure...

## Should you purchase an adult, youth, or child style?

The difference in these styles is the rise (crotch depth), which dictates how high the garment sits at the waistline. Measure the rise, (see instructions) and then choose which style is closest to your measurement. Youth styles are similar to adult in waist/hip, but with a slightly lower rise, for those of shorter stature. For teens and children with waist/hip measurement less than 30" (76 cm) refer to the youth vs. child style chart at the bottom of page 5.



To measure rise, begin about one inch below the belly button, measure down through the legs, and up to the position on the back that matches the starting position on the front. Then, based on the larger of waist/hip measurement, choose the style that comes closest to your own rise measurement. If you have any questions, please call or email us.

## How to choose between adult and youth styles

Adult sizes are available in x-small to x-large as well as plus sizes (2XL-5XL). Youth are available only in regular (XS-XL). In the regular waist/hip range the garments are similar. However the rise is lower on the youth style. In the example below, a medium youth garment has a rise 3 1/2" (9 cm) less than a medium adult. The youth would therefore sit just 1 3/4" (4 cm) (half of 3 1/2" (9 cm)) lower on the waistline than the adult style.

Size	XS	S	M	L	XL
Waist/Hip (Adult & Youth)	22-24" 56-62 cm	25-28" 63—72 cm	29-32" 73—82 cm	33-36" 83—93 cm	37-40" 94—102 cm
Adult Rise	27 1/2" 70 cm	28 1/4" 72 cm	29" 74 cm	30" 76 cm	31" 79 cm
Youth Rise	25" 63 1/2 cm	25 3/4" 65 cm	26 1/2" 67 cm	27 1/2" 70 cm	28 1/2" 72 cm

## How to choose between youth or child style

For children and youth with waist/hip measurement between 22"-30" (56—76 cm) choose between a youth style or child style. The child style sits on the natural waistline of a child with normal growth patterns. For example, if a child is very slim and tall, you probably want a youth to get the highest rise. If they are short and stocky, you may wish a child style for a lower rise. Measure their rise, and choose the style that is closest.

Size	XS	S	M	L	XL
Waist/Hip Child	17-19" 43—49 cm	20-21" 50—54 cm	22-24" 55—62 cm	25-27" 63—69 cm	28-30" 70—76 cm
Rise Child	19 1/2" 49 1/2 cm	20 1/4" 51 cm	21" 53 cm	22" 56 cm	23" 58 cm
Waist/Hip Youth	22-24" 56—62 cm	25-28" 63—72 cm	29-32" 73—82 cm	33-36" 83—93 cm	37-40" 94—102 cm
Rise Youth	25" 63 1/2 cm	25 3/4" 65 cm	26 1/2" 67 cm	27 1/2" 70 cm	28 1/2" 72 cm

# Adult Containment Swim Brief

## Retail Pricing

X-Small—XL: \$49.95

2XL—5XL: \$59.95



The Swim Diaper is Unisex, but shown here under a woman's suit to prove it can be very discreet even under a form-fitting bathing suit.



Yes, the swim diaper is truly under the suit. To be discreet and effective it must be adjusted correctly, and be as snug as possible.

Size	XS	S	M	L	XL
Waist/ Hip	22" - 24"	25" - 28"	29" - 32"	33" - 36"	37" - 40"
Rise	27 1/2" 70 cm	28 1/4" 72 cm	29" 74 cm	30" 76 cm	31" 79 cm

Plus Sizes	2XL	3XL	4XL	5XL
Waist/Hip	41"-44" 103—113 cm	45"-48" 114—123 cm	49"-52" 124—133 cm	53"-58" 134—147 cm
Rise	32 1/2" 83 cm	34" 86 cm	35 1/2" 90 cm	36 1/2" 93 cm

The garment is Unisex. **Please order by waist or hip, whichever is larger.** For example, if a person has a 34" (86 cm) waist and a 38" (96 cm) hip, they should order the XL which has a range of 37" - 40" (94—102 cm) even if the waist is much smaller than 37" (94 cm). If your measurements are at the higher end of a size range, don't assume you should go to a larger size. These garments are very adjustable and stretchy, and should fit very snug.

## How To Put The Garment On

Fasten one side of the containment swim brief, leave the other open. Pull the garment over one leg, fasten the opened side around your hips then adjust the other side in order to ensure a proper fit.

Wholesale Prices Available, Certain Conditions Apply



## Youth Containment Swim Brief

### Retail Pricing

X-Small—XL: \$49.95



The Swim Diaper is Unisex, but shown here under a woman's suit to prove it can be very discreet even under a form-fitting bathing suit.



Yes, the swim diaper is truly under the suit. To be discreet and effective it must be adjusted correctly, and be as snug as possible.

Size	XS	S	M	L	XL
Waist/ Hip	22" - 24"	25" - 28"	29" - 32"	33" - 36"	37" - 40"
	56—62 cm	63—72 cm	73—82 cm	83—93 cm	94—102 cm
Rise	25"	25 3/4"	26 1/2"	27 1/2"	28 1/2"
	63 1/2 cm	65 cm	67 cm	70 cm	72 cm

The garment is Unisex. **Please order by waist or hip, whichever is larger.** For example, if a person has a 34" (86 cm) waist and a 38" (96 cm) hip, they should order the XL which has a range of 37" - 40" (94—102 cm) even if the waist is much smaller than 37" (94 cm). If your measurements are at the higher end of a size range, don't assume you should go to a larger size. These garments are very adjustable and stretchy, and should fit very snug.

### How To Put The Garment On

Fasten one side of the containment swim brief, leave the other open. Pull the garment over one leg, fasten the opened side around your hips then adjust the other side in order to ensure a proper fit.



## Child Containment Swim Brief

### Retail Pricing

X-Small—XL: \$39.95



Before picture: wearing only the SOSecure™ Swim brief.



Yes, the swim diaper is truly under the suit. To be discreet and effective it must be adjusted correctly, and be as snug as possible.

Size	XS	S	M	L	XL
Waist/ Hip	17"—19"	20" - 24"	22" - 32"	25" - 27"	28" - 30"
Rise	19 1/2" 49 1/2 cm	20 1/4" 51 cm	21" 53 cm	22" 56 cm	23" 58 cm

The SOSecure™ Containment Swim Brief was originally designed for adults and teens dealing with incontinence. However, many parents have requested that a smaller version for children be made available. Children need quality garments, too. No one likes to be self-conscious about having to wear protection, and the SOSecure™ swim diaper is very discreet as well as effective.

The garment should be worn next-to-skin under a swim suit. Some parents prefer to put a diaper pad underneath, but this is not required and is a personal choice. Our design allows for some growing room, so please order the correct size based on the chart, not any larger. It is important to wear it as snug as possible using the adjustable closures.

**Remember to order by waist/hip measurement, whichever is larger.**

### How To Put The Garment On

Loosely fasten one side of the containment swim brief and leave the other open. Pull on garment and snugly fasten the opened side around the child's waist then adjust the first side to ensure a proper fit.