

GANDO®



Strength and Rehabilitation Products

Pedal Exerciser

10-0710

Adjustable resistance, light-weight pedal exerciser is pre-assembled.



10-0710

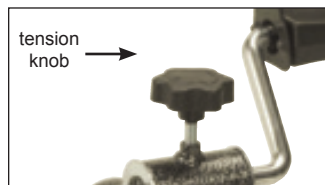


use for arms



use for legs

Portable lower and upper body exerciser. Use when exercise bicycle is not available or is contra-indicated. Wide leg spread and rubber non-marring feet keep exerciser stable even when patient has little muscle control. Wrap around adjustable footstraps for use with or without shoes.



Adjust the resistance level

Turn the tension knob to adjust the pedal resistance. Turn clockwise toward "High" to increase the resistance (makes pedaling more difficult) or counterclockwise towards "Low" to reduce the resistance (makes pedaling easier).



CAUTION Consult with your healthcare professional before beginning a new exercise regime with this product.



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