



User manual Yoga Balance Cushion

Congratulations!

You are now the owner of a Yoga Balance Cushion, a product “made in Germany”. This sports tool was produced in compliance with valid EU norms. It is free of forbidden phthalates and heavy metals.

The first inflatable cushion developed specifically for yoga which allows the individual to adjust the height as required to obtain a relaxed seating position and upright posture. The gentle vibrations of the body are absorbed by the air cushion and relayed back to the body. Ideal for beginners who have the soft support of the cushion as they move and exercise. A mini pump is supplied to make light work inflating and deflating the Yoga Balance Cushion.

Equipment details:

The Yoga Balance Cushion is made of high-grade Ruton with equipped a needle valve.

Size: 40 cm x 40 cm x 35 cm
Load: 150 kg

Temperature resistance:

The Yoga Balance Cushion is resistant against ultraviolet rays and heat. It can be used in temperatures up to 45°C. Please do not store it permanently exposed to direct sunlight (e.g. near a window). The material becomes softer with increasing heat. This tool also resists below freezing temperatures, however it should not be stored in temperatures below -10°C permanently.

Care:

Use mild standard detergents and disinfectants. Dissolvers as well as acidic or corrosive cleansers can harm the material. The Senso® Balance Pad is waterproof.

How to inflate:

Please use a standard needle pump (e.g. Ball pump). Always moisten the needle before carefully inserting it into the valve.

