

Polar Ice®

Cold Therapy Support

LONG LASTING • EASY TO USE



10303 (Small)
10304 (Medium)
10305 (Large)
Finger Sleeve



30011 (Small) **30013** (Large)
30012 (Med) **30014** (X-Large)
Shin Wrap **30036** (Universal)

Encapsulated Ice Pack

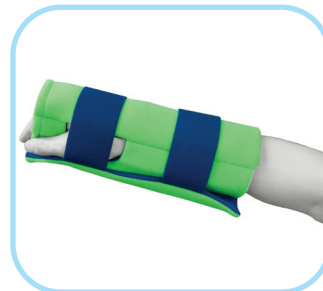
- Conforms well to the body
- Transports easily in cooler with ice
- Provides quick refreeze time

Soft Fleece Material

- Eliminates migration of ice wrap during use
- Provides comfortable compression
- Insulates skin to prevent frost bite
- Wicks moisture away



30100
Shoulder/Hip Wrap



30101
Wrist/Elbow Wrap



30102
CPM Knee Wrap



30103 (Standard)
30104 (Large)
Arthroscopy Knee Wrap



30105
Foot/Ankle Wrap



30107
Quick Wrap



30108
Back Wrap



30109
TMJ Wrap

Use For

- Post-Op Cryotherapy
- Sports Injuries
- Rehabilitation
- Soft Tissue Trauma
- Edema and Swelling

Convenient To Use In

- Hospital
- Home
- Clinic
- Industry
- Sports



www.brownmed.com



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Kansas City, MO 64111
TF 877-853-5518
P 816-581-7001
F 816-581-7005

Manufacturing:

1300 Lundberg Drive West
Spirit Lake, IA 51360
TF 800-843-4395
P 712-336-4395
F 712-336-2874

ORDER #	ITEM	SIZE
10303	Finger Sleeve	Small
10304	Finger Sleeve	Medium
10305	Finger Sleeve	Large
30011	Shin Wrap - Small	12-14"
30012	Shin Wrap - Medium	14-15"
30013	Shin Wrap - Large	15-17"
30014	Shin Wrap - XLarge	17-19"
30036	Shin Wrap	Universal
30100	Shoulder/Hip Wrap	Universal
30101	Wrist/Elbow Wrap	Universal
30102	CPM Knee Wrap	Universal
30103	Arthroscopy Knee Wrap - Standard	13" x 15.75"
30104	Arthroscopy Knee Wrap - Large	13" x 26.75"
30105	Foot/Ankle Wrap	Universal
30107	Quick Wrap	9" x 12"
30108	Back Wrap	Universal
30109	TMJ Wrap	Universal

Polar Ice[®]

Cold Therapy Support

Polar Ice will help to reduce muscle strains and swelling, control pain and promote healing when used according to your physician's instructions following surgery, injury or during rehabilitation.

Freezing:

Place **Polar Ice** Cold Therapy Support and Ice Pack (if applicable) in freezer 1½ to 2 hours. Optimum freezer temperature is 0° to 15° F (-18° to -10° C).

Hospital Patients:

- **Polar Ice** Cold Therapy Support should be applied immediately following surgery to reduce pain and swelling.
- Continue to apply until dressing is removed.
- Following removal of dressing, apply **Polar Ice** Cold Therapy Support as needed.

Instructions for Use:

1. Apply **Polar Ice** Cold Therapy Support over surgical dressing or injured body area immediately following surgery, strain, or injury, securing with hook and loop for proper fit.
2. For initial application, wear ice therapy wrap for up to 45 minutes over soft dressing or lightweight cloth. If applied directly to skin, **Polar Ice** Cold Therapy Support should be worn about 20 minutes.
3. Reapply **Polar Ice** Cold Therapy support at 20-30 minute intervals during first 24-48 hours. Refreezing period is approximately one hour.
4. Reapply as needed for pain and swelling.

Polar Ice may be stored indefinitely in the freezer for immediate availability. For shorter duration cold therapy, the unit may also be refrigerated. For transporting to athletic events, a cooler with ice maintains the frozen units.

Care: Hand wash and air dry fabric wrap without ice inserts, where applicable. Replacement Ice Packs may be ordered separately for all Polar Ice products except Shin Wrap.

This product intended for single patient use.

Warning: Cold therapy may cause frostbite if used improperly. Discontinue use and call your physician if skin becomes discolored or fails to regain normal color within 20 minutes following use.

Brownmed warrants this product to be free of manufacturing defects.

Distributed by:



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